



VEG OUT

VEGAN RESTAURANT

519.850.8688 646 RICHMOND ST. LONDON, ON

www.vegoutrestaurant.com

DINNER

APPETIZERS

Curried Potato Cutlets \$8
South Indian panko-crusteD fritters served with tomato chutney.

Brie en Croute \$12.50
Nuts for Cheese cashew brie and rotating house jam baked in a flakey puffed pastry. Served with crostini.

⊗ **Daily Soup** \$7.50
A delicious soup every day. Served with bread.

⊗ **Tempeh Wings** Small \$8 / Large \$11
Spicy or mild, these wings are a Veg Out favourite.

⊗ **Poutine** \$10
Fresh-cut fries topped with Daiya cheese and shiitake mushroom gravy.

SALADS

⊗ **Thai Style Glass Noodle**
Sweet potato glass noodles, fresh vegetables, peanuts, herbs, chillies, and ginger lime dressing.

Tomato and Bread
Torn fresh bread, olives, tomatoes, basil, artichokes, red wine vinegar, olive oil, and mixed greens.

Small \$8.50 Large \$10

Caesar
Classic Caesar salad topped with carrot bacon, sesame parmesan, and croutons.

⊗ **Bowl of Plenty**
Greens, seasonal veggies, sprouted lentils, pumpkin seeds, flax seeds, sesame seeds, and apricots.

⊗ **wheat-free**

SANDWICHES

\$9

add a soup or side for \$4

Chick-Pea-Nut Burger

A chickpea, green pea, peanut butter patty topped with caramelized onions, avocado, tomatoes, pickles, and Sriracha mayo. Served on a multigrain kaiser bun.

Paté Sandwich

Sunflower seed paté, avocado, pickles, tomatoes, hot peppers, mayo, and lettuce on toasted multigrain bread.

Bacon Mushroom Melt

Sautéed cremini mushrooms, spinach, tomatoes, caramelized onions, and chipotle mayo with melty Daiya cheese and tempeh bacon on toasted multigrain bread.

Bahn Mi

Vietnamese-style sub. Fried tofu, avocado, romaine, cucumbers, cilantro, kimchi, and mayo.

ENTRÉES

World Famous “Fish” and Chips \$17

Beer battered soy fillets, fresh-cut fries, tartar sauce, ketchup and lemon. Served with creamy coleslaw.

Ramen Bowl \$16

Kombu dashi and miso broth, ramen noodles, tofu, enoki, shimji, and shiitake mushrooms, seasonal vegetables, and scallions.

Dinner Special \$18

A new creation every day.

Walnut Tagliatelle \$18

Tagliatelle pasta tossed in a rich walnut and caper cream sauce. Served with wild mushroom and cashew mascarpone roulade.

⊗ Shepherd’s Pie \$17

Savoury tempeh and roasted vegetables topped with whipped butternut squash. Served with kale slaw and shiitake mushroom gravy.

SIDES

\$4.50

⊗ Creamy Coleslaw

⊗ Fresh-Cut Fries

⊗ Mixed Greens

⊗ Sweet Potato Wedges

Sweet Potato Corn Bread

⊗ wheat-free

If you are celiac or have any other allergies, please let our staff know and we will be happy to make accommodations. Unfortunately, our deep-fried options are not celiac-friendly.